

# Development of Sustained Release Lipid-Based Matrix Microparticles for Vaginal Delivery using Twin-Screw Hot Melt Extrusion

V. Mohylyuk<sup>1,2</sup>, T. Hutton<sup>1</sup>, S. Dadou<sup>1,2</sup>, S. Li<sup>1,2</sup>, D.S. Jones<sup>1</sup>, G.P. Andrews<sup>1,2</sup>

<sup>1</sup> Pharmaceutical Engineering Group, School of Pharmacy, Queen's University Belfast, BT9 7BL, Northern Ireland

<sup>2</sup> China Medical University - Queen's University Belfast joint College (CQC), Queen's University Belfast.

ADVANCING PHARMACEUTICAL  
SCIENCES, CAREERS, AND COMMUNITY

## PURPOSE

- The development of sustained-release formulations for drugs administered via the vaginal route has the potential to increase treatment efficiency and patient compliance.
- One promising strategy to formulate such dosage forms is the incorporation of microparticles into a bio-adhesive gel.

## OBJECTIVE

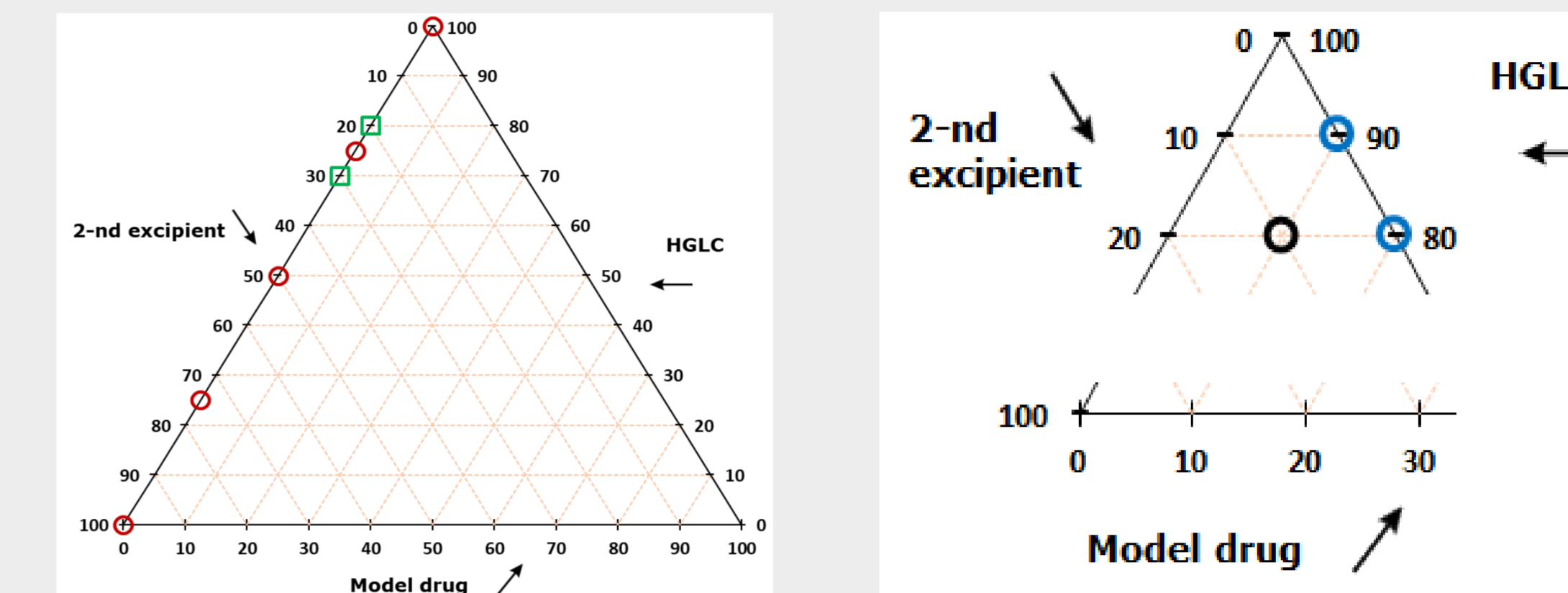
- To assess feasibility of formulating matrix microparticles using lipid-based carrier systems,
  - namely, Syncrowax™ HGLC (hydrophobic insoluble lipid) or Gelucire® 50/13 (G-50/13; hydrophilic lipid),
  - with Avicel® PH-101 (MCC) or hypromellose K100M used as diluents.

## METHODS

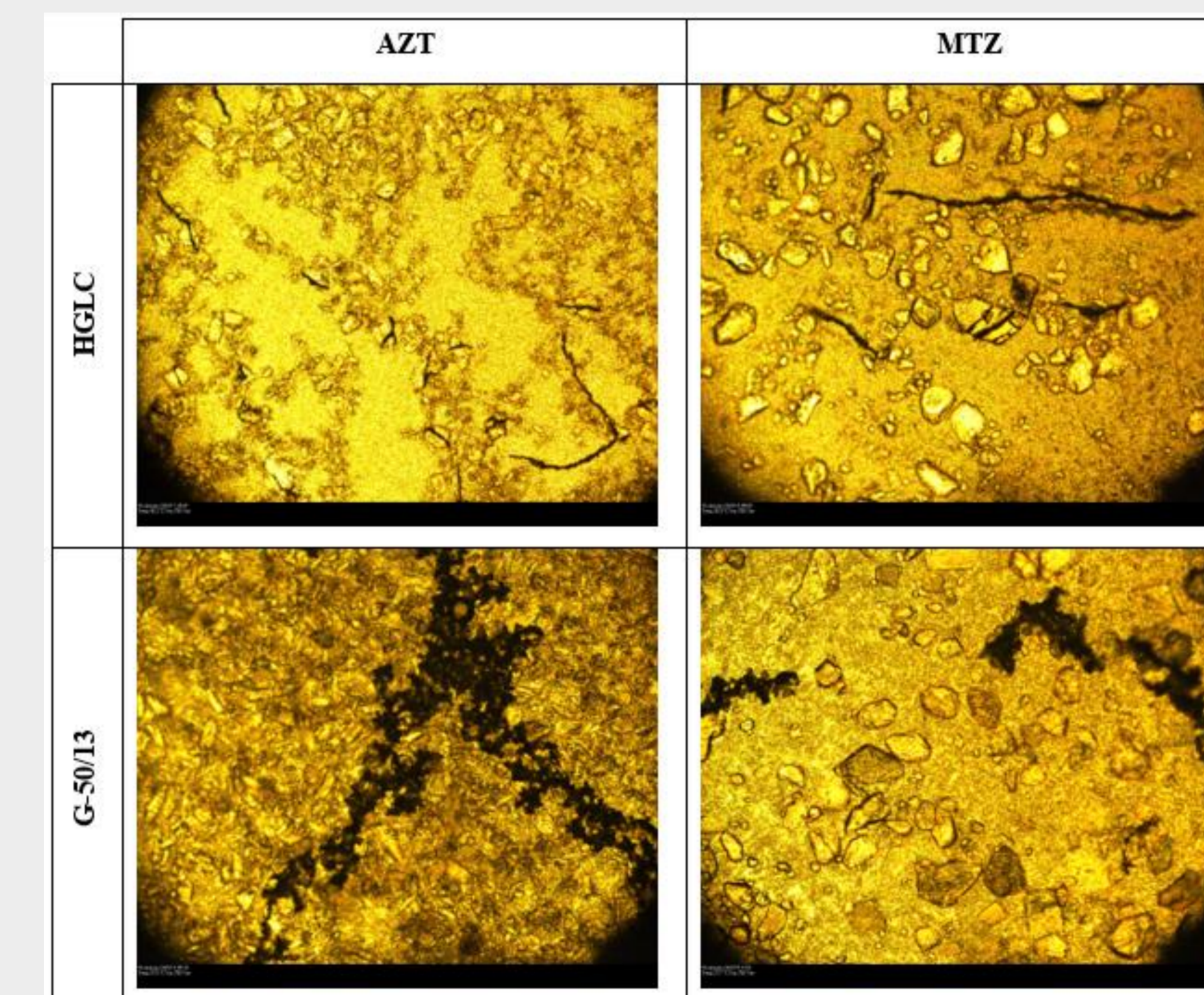
- Model drugs chosen for the study included azidothymidine (AZT) and metronidazole (MTZ).
- Placebo formulations** prepared by molten-liquid filling of hard gelatine capsules (#3 0.27 ml, Coni-Snap®; Capsugel, Belgium).
- The drug-loaded microparticles** prepared by twin-screw hot melt extrusion (TS-HME; Microlab L/D 20:1; Rondol Ind. SAS, France) and cutting extrudates with a scalpel.
- Placebo formulations were **screened** for tensile strength, water uptake/ weight loss (WU/WL) and, surface morphology.
- TGA, DSC, polarized-light hot-stage microscopy were used for **characterisation**.
- The **solubility** of each model drug at pH 4.5 was investigated using the shake-flask method.
- The in-vitro **drug release** properties of the formulated microparticles were assessed using USP-II (paddle) in sodium acetate buffer adjusted to pH 4.5 (to simulate vaginal fluid).

## RESULTS

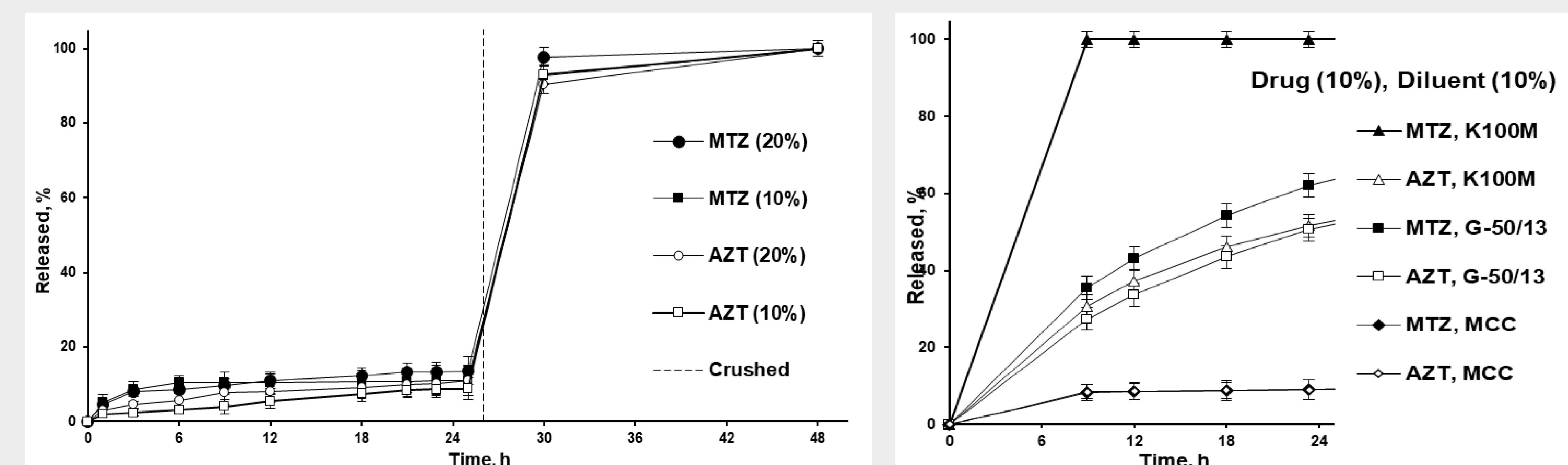
- WU/WL testing of placebo formulations allowed to narrow down the experimental plan (**Fig. 1**)
- HGLC ( $T_m$  48 °C) based particles were prepared with TS-HME at conditions intended to minimize the effect on drug particle size reduction (conveying elements only; 20 rpm) and to maintain full crystallinity of the drug (not more than 62 °C).
- model drugs AZT ( $T_m$  110 °C) and MTZ ( $T_m$  152 °C)
  - up to 90°C: did not dissolve in excipients (DSC),
  - between 90 and 190 °C: observed dissolution of AZT in G-50/13 ( $T_m$  33°C) as well as MTZ and AZT in HPMC ( $T_g$  57 °C).
- Microscopy observation revealed the development of the cracks during the cooling down of lipid-based formulations (**Fig. 2**).
- Drug release from particles (approx. 2.2x3 mm) without diluent at 10 and 20% w/w drug load demonstrated slow and incomplete release (**Fig. 3 left**), that can be explained with percolation threshold.
- Introduction of hydrophilic diluents (10% w/w) allowed to significantly increase drug release rate (**Fig. 3 right**).
- In accordance with Lapidus-Lordi equation [1], the increase surface area to volume ratio is increasing drug release rate, so preparing sustained release microparticles with additional particle size reduction can be considered.



**Fig. 1.** Ternary diagram for investigated placebo (left) and drug-loaded formulations (right).



**Fig. 2.** Illustration of cracks appeared after heating up and cooling down until room temperature.



**Fig. 3.** Effect of drug loading on the release from HGLC matrix (left) and Effect of diluents on the drug release from HGLC matrix (right).

## CONCLUSIONS

- The number of drug-loaded formulations was successfully reduced due to the screening of placebo formulations with WU/WL test.
- Insoluble matrix system based on the insoluble lipid Syncrowax™ HGLC ( $\geq 80$  % w/w) and loaded with model drugs AZT or MTZ was successfully prepared using the twin-screw hot melt extrusion method and provided as sustained release.
- The addition of diluents as Avicel® PH-101 or hypromellose type K100M (at the 10% w/w level) can be used for the adjustment of drug release profile.
- The development of cracks in the Syncrowax™ HGLC lipid matrix during the cooling down stage could be accounted as an additional aspect of drug release facilitation.

## REFERENCE

1. Lapidus, H. and N.G. Lordi, Drug release from compressed hydrophilic matrices. J Pharm Sci, 1968. 57(8): p. 1292-301.